



ACES Ambassador Leadership Program,  
Year 5

“We the People: The Power of Words - Written & Spoken”

Our Year in Review

Tuesday, May 2, 2023, 4:30 pm - 5:45 pm

# Let's Look Back on our Year 5 AALP Program

## OUR YEAR 5 THEME:

We the People:  
The Power of Words...  
Written & Spoken”



# What did we do together as leaders, Fall, 2023

- Tuesday, September 6, 2022 (Open House) Welcome Back;
- Tuesday, September 13, 2022 Kickoff Meeting
  - Review of AALP mission; Reading of US Constitution
- Tuesday, September 27 , 2022 (4:30 pm - 6:00 pm)
  - Guest Speaker: Marc Elrich, County Executive, Montgomery County
- Tuesday, October 11, 2022: (4:30 pm - 6:00 pm)
  - Guest Speakers: USG Ambassadors
- WEDNESDAY, October 12, 2022: VOLUNTEER @ MOBILE MARKET JUST MC AALP
- Tuesday, October 18, 2022: FIELD TRIP to National Archives
  - Education Hub Activities
  - Viewed Founding Documents of USA: Declaration of Independence, Constitution
- Tuesday, November 15, 2022: Public Speaking Masterclass Masterclass Led by:
  - Eliot Pfanstiehl, Founder and CEO Emeritus, Strathmore
  - Dr. Patricia Maclay, Previously Commissioner of Women, Montgomery County, internist/rheumatologist, health educator,
- Tuesday, December 6, 2022:
  - Guest Speaker: Nancy Roman, CEO/President, Partnerships for a Healthier America (previously, CEO National Capital Food Bank, Member of Leadership Team, of UN World Food Program (Rome, Italy)

# Reading of the Constitution





# Marc Elrich shares his leadership journey











We Salute Our Magnificent AALP Student  
Coordinator: Rachel Tomelic!!!

**BRAVA!**  
&  
**Grazie!**





# USG Ambassadors share their leadership journey



# Mobile Market Volunteers (hmm)





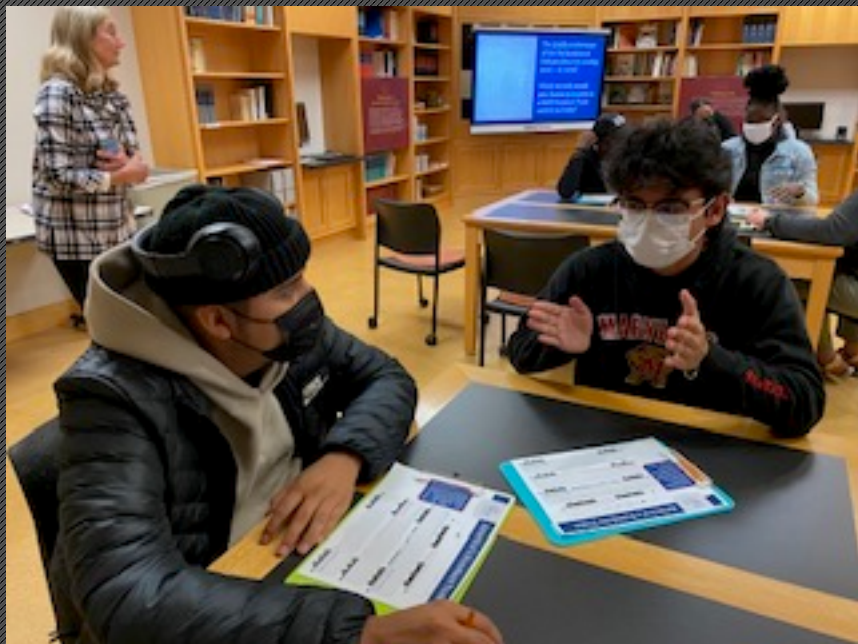
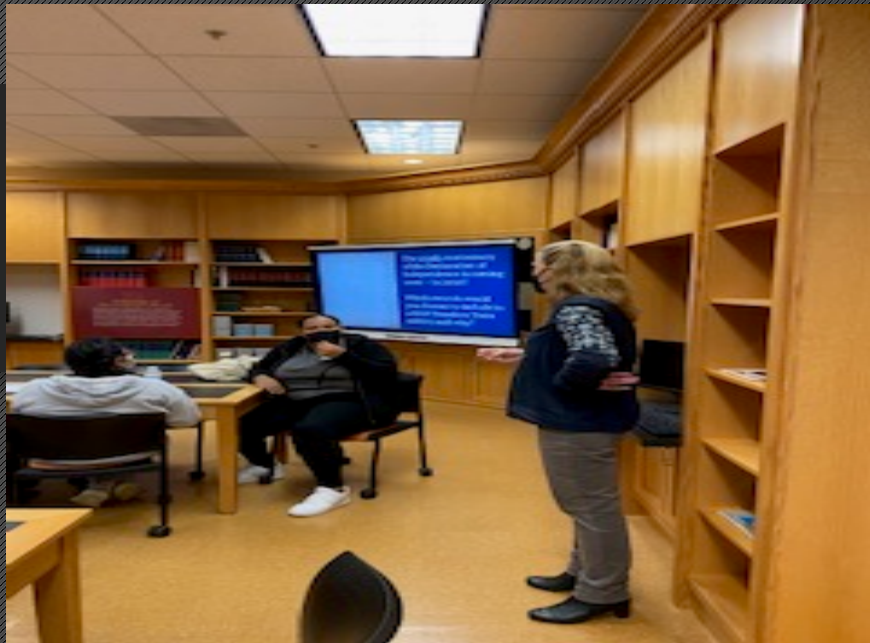
# Off to the National Archives!

















# Masterclass - A focus on the skill of empowered public speaking!


We Salute  
our  
AALP  
Mentors!

**ELIOT PFANSTIEHL**  
FOUNDER & CEO EMERITUS  
STRATHMORE HALL  
FOUNDATION

Eliot Pfanstiehl is Founder and CEO Emeritus at Strathmore Hall Foundation. **He is one of the most respected arts leaders in our nation and our community**, who has the Midas touch in taking something and building it to flourish and serve the community. He was asked to lead the new Strathmore Hall Foundation and was responsible for the building of the exquisite Strathmore Music Center. He is guided by his mission "to **Present** and **Produce** exemplary visual and performing arts programs for diverse audiences, **Create** dynamic arts education experiences, and **Nurture** new ideas and discussions that advance the future of the arts." We are truly honored to have him as our ACES Ambassador treasured mentor as well.

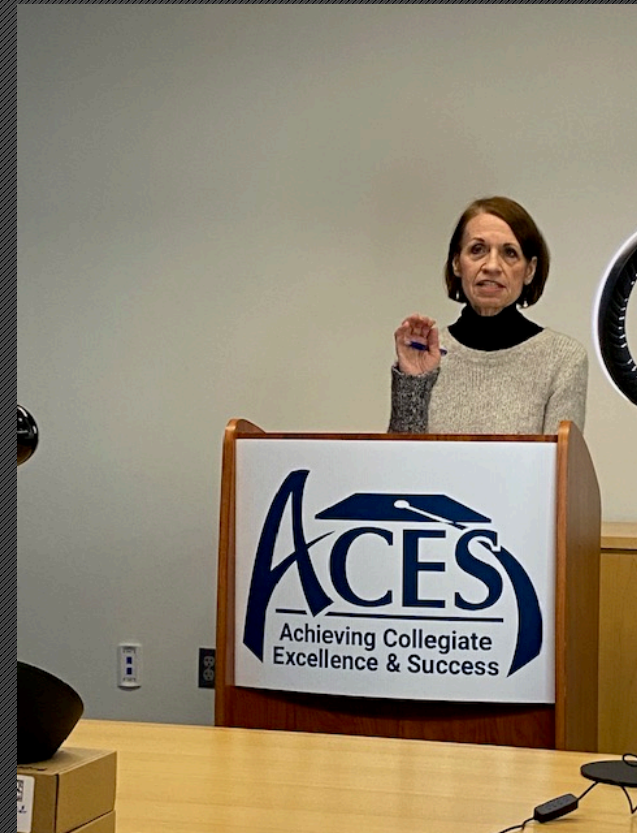
★★★★★

ACES  
Guest  
Speaker



**ACES**  
Achieving Collegiate  
Excellence & Success

Nov 15th | 4:30pm



# We salute our Ambassadors!

Go  
Afomiya!





**GO  
Nicole!**



**GO  
Selikem!**











# Nancy Roman, mentor, CEO/President of PHA



Let's Salute **our Ambassadors:**  
Led Mental Health & Wellness Discussions -  
*Superb Preparation for Important Health  
Discussions!*

Our Team  
commitment to  
“Mental Health  
= Health

- **Ethan Boroskin: TWICE!**
  - The Effects - pros & cons - of Social Media on Mental Health/Wellness
  - Opening Meeting: Kickoff Discussion about Mental Health is Health
- **Nicole Dukuray:**
  - Mental Health: Why the Words we use DO matter!
- **Cindy Anaya:**
  - The Power of Sleep (what triggers us NOT to fall asleep/wake up with anxiety attacks; self care “next steps”)
- **Sam Okorie:**
  - Anxiety - What is it; the symptoms, Self Care
- **Nahum Iraheta:**
  - “Youth Burnout... & How You Can Prevent it”



# Over Winter Break...an AA outing with MsGina



# OUR AALP Spring, 2023 JOURNEY

- Meeting 1: Tuesday, January 31, 2023 Welcome Back
  - Conflict Resolution in Leadership
    - Guest Speaker: Christopher Page, Executive Dir, Conflict Resolution Center of Montgomery County
- Meeting 2: Tuesday, February 21, 2023
  - The Leaders Among Us/Guest Speakers
    - Jefferson Vasquez Reyes, MC Community Advocate/Leader & Proactive Aspiring Physician
    - Swechchha Shrestha (ACES Ambassadors 2+ years); Montgomery College Foundation Board Member
- ACES Ambassadors visit USG for tour with USG Ambassadors (AA Alumni!)
- March 19 ACES Ambassadors Visit the NMAAHC
- Meeting 3: Tuesday, March 21, 2023
  - Guest Speakers: ACES Ambassadors Alumni - giving back..Share their Academic and Career Journeys
- Meeting 4: Tuesday, April 18
  - The Power of the Panelists (mock panel practice for upcoming MYM/WTa )
- Meeting 5: Finale and Celebration (slide show featuring each AA!)
- ACES Ambassadors represent our team in the MC community:
  - Wraps with Williams - Sam Okorie
  - ACES Ambassadors Marvin Guevara & Sam Okorie participate in panel roundtable with MC's Equity Week at ignITe Hub, with Dr. Mason Mason, K-12Education Leadership & Learning Executive, Apple Education Team
  - ACES Ambassadors, Sam Okorie and Nahum Ireheta (with ACES colleagues Kebin Mandobanda & Nelson) give tour of MC to middle Schoolers - collaboration with Gloria Benilla



# Conflict Resolution - A Leadership Skill!

Thank  
you  
Mr. Page!

## CHRISTOPHER PAGE

EXECUTIVE DIRECTOR OF  
CONFLICT RESOLUTION CENTER,  
MONTGOMERY COUNTY

Christopher Page, Executive Director of  
Conflict Resolution Center Montgomery  
County, inspired our Ambassador Team, as a  
Guest speaker for our 2023 Spring kickoff  
AALP meeting.

He reconfirmed the power of **HOW** we use the  
power of words during conflict...& how  
**listening** to those we are in conflict with can  
lead to authentic resolution.  
[#LeadershipskillsforLife](#)".



ACES  
Guest  
Speaker



Jan 31st | 4:30pm

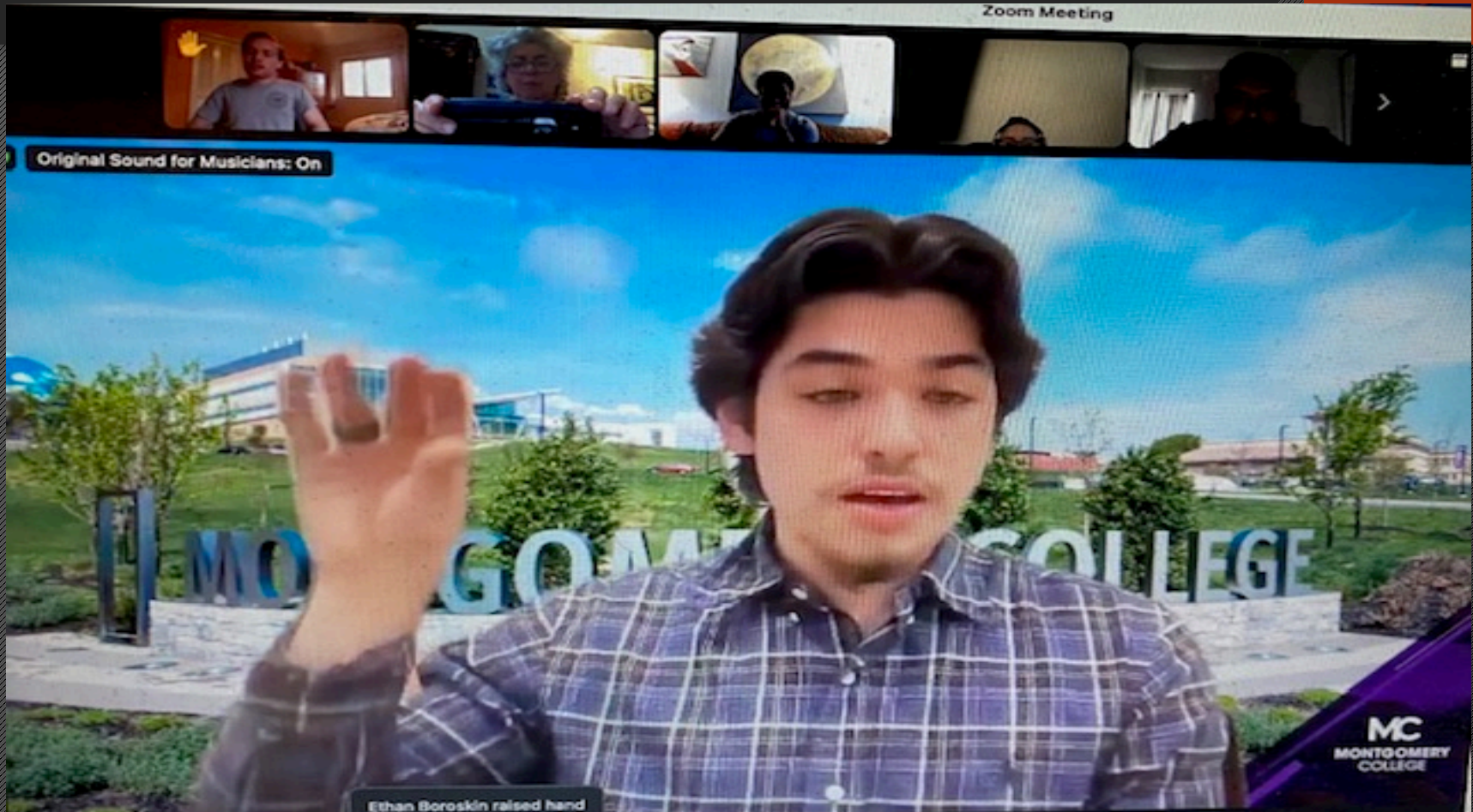
# Leaders Among Us! Swetchha





# ...& Our New Mentor: Jefferson Vasquez Reyes

Special  
Gift!!!



CHIISOM OK...  
CHIISOM OKORIE

Nahum Iraheta

Regina DiMedio Marrazza

Jefferson Vasquez-R...

Christian

Christopher...  
Christopher Moroch

Musicians: On

👋

Nahum Iraheta

2 participants raised hand





# MC AAs Visit USG Ambassadors with Pathway Scholars









# A Visit to the National Museum of African American History & Culture







A CHANGE IS GONNA COME.

SAM COOKE 1964





# AA Alumni - Coming Back... Giving Back





# Our ACES Ambassadors Alumni

**Bryan Argueta**

- Year/s you were in ACES Ambassador Program: 2019-2020
- High School you attended: John F. Kennedy HS
- Major at MC: Business Management
- College attending: University of Maryland & USG
- Major at 4-year college: Business Management
- Clubs joined at 4-year: Dean's Student Advisory Council (DSAC); Business Management Club
- Most powerful class at UMD: Business Law – Very challenging yet very informative while essential in the business world.
- Empowering Internship: DC United Internship, which lead to a full time position now.
- Bryan's Recommendation for being in multiple jobs/careers: Yes, always be open learn. I'm always willing to take risk and really new careers duties.
- What is your DREAM career(HOT JOB!): To help youth who are talented at sports achieve their

Guest Speaker: Our ACES Ambassadors






## Mauricio Angel-Beltran

- Year/s you were in ACES Ambassador Program: 2019-2020
- High School you attended: Northwood High School
- Major at MC: General Studies/HACL
- College attending: University of Maryland @ USG
- Major at 4-year college: Communication, Criminology, & Criminal Justice
- Clubs joined at 4-year: Undergraduate Communication Association (UCA)
- Most powerful class at UMD: Communication and Gender, it highlighted topics within our society of marginalized LGBT groups that require more recognition and empathy as future communication professionals.
- Career Mentor: Ms. Jessica Diaz Council and Ms. Gina will forever be my go-to support system in obtaining a full-time scholarship to UMD.
- What is your DREAM career(NOT JOB!): Direct and operate an organization designed to support and uplift marginalized and underserved minority groups.

Guest  
Speakers:  
Our  
Amb  
Alun

CHIISOM OKORIE



Regina DiMedio Marrazza



## Cinthia L Martinez Lopez

- Year/s you were in ACES Ambassador Program: 2019-2020
- High School you attended: Paint Branch High School
- Major at MC: Business Administration
- College attending: University of Maryland @ USG
- Major at 4-year college: Marketing
- Clubs joined at 4-year: American Marketing Association (AMA) and Dean Student Advisory (DSAC)
- Most powerful class at UMD: Consumer Analysis - my absolute favorite class because it taught me what I loved from Marketing; & how to analyze purchasing behaviors.
- Empowering Internship: My internships at the MGA, and CareerMinds!
- Career Mentor: Marilyn Balcombe has been my mentor from a program I joined at MC - Full-time. In addition to her were Ms. Camille and all my ACES coaches, they always had the best advice when guiding me through my college journey.
- What is your DREAM career(NOT JOB!): I am currently pursuing a career in marketing and entrepreneurship

Guest  
Speakers:  
Our  
Amb  
Alun

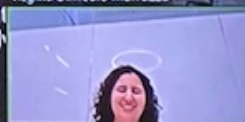
CHIISOM OKORIE

CHIISOM OKORIE

Christian



Regina DiMedio Marrazza





## Zaiba Aftab

Guest  
Speakers:  
Our  
Amb  
Alun

- Year/s you were in the Ambassador Program: 2020-2021
- High School you attended: Gaithersburg High School
- Major at MC: General Studies SSAH
- College attending: University of Maryland, College Park
- Major at your 4-year college: Government & Politics (GVP); Criminal Justice (CCJS); minor: Black Women's Studies (BWS)
- Clubs you joined at 4-year college: Rawlings Undergraduate Leadership Fellows
- What is your DREAM career (NOT JOB!)? International Human rights attorney



## Kelvin Quacoe-Dameshie

- Year/s you were in ACES Ambassador Program: 2019-2020
- High School you attended: Watkins Mill HS
- Major at MC: General Studies/STEM
- College attending: University of Maryland, College Park
- Major at your 4-year college: Embedded Systems and Internet of Things (Now Cyber-physical Systems Engineering)
- What is your DREAM career (NOT JOB!): To work in philanthropy

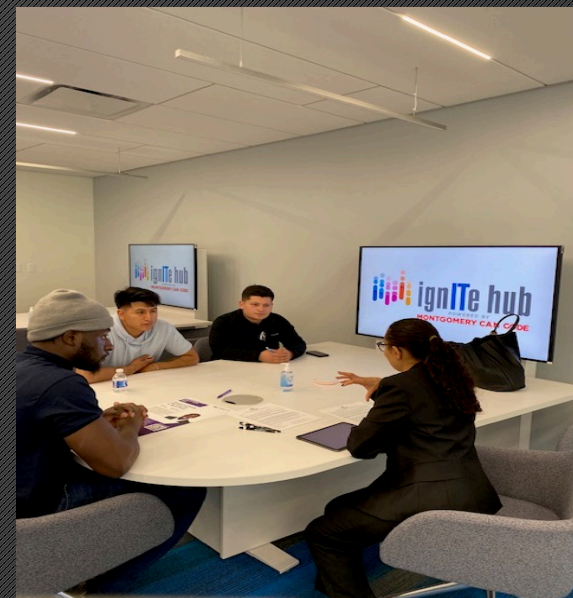
Guest  
Speakers:  
Our  
Amb  
Alun



# ACES Ambassadors Represent US at Montgomery College Events









# Collaboration with Office of Advancement and Community Engagement ACES Ambassadors give tour to middle schoolers!

**Go Nahum,  
& Sam!**





...& by chance...  
ACES Ambassadors meet  
Dr. Williams



We celebrate YOU!  
Bravo, Bravissimo for a  
Fabulously Empowering Year!

